In This Issue

Training program empowering community health workers

Mothers make masks to fight covid and earn their veggies.

STEM lab at Government Schools!

Waste collection is now with real time information!

Enabling Care. Delivering Change. A Virtual Thing!

Photo Corner

Did You Know, Riddles, LittleGoodAct

Cover Story: ONE BILLION DROPS
A rarest phenomenon to demonstrating a way to conserve water for future generations.

Special Campaign: Responsible Travel
Pledge wall created for Volunteering activity.

#UnitedWeWin
#StrongerTogether
Covid pandemic has thrown us many challenges at individual and organizational levels. The only mantra that kept whispering was ‘Show must go on’. We had a responsibility of responding to the needy communities. With the cent percent commitment and a dedication of my team, I am proud that we have reached over 20L beneficiaries today, through variety of our covid relief response efforts.

Like anybody, we have gradually got back into the usual work mode with all the safety and precautionary measures. In this pandemic season, we were able to kick off innovative and effective programs especially in the area of environment. We did not let the pandemic stop us from hand holding our children towards their dreams. We reached out to every child with innovative and creative lesson plans digitally. The rural communities were supported with awareness programs on personal hygiene and family kits.

Importantly, the public health centers across urban and rural Bengaluru were identified and strengthened by providing required medical equipment such as HFNC Machines, PPE Kits and so on.

The little work we have done could not have been possible without the support from our stakeholders. I convey my sincere gratitude to each one who stayed with us in this quarter.

#WearAMask #WashAHand #StayHealthy #StaySafe

Leader Speaks

RAJESH KRISHNAN
Executive Director
It will help increase the ground water table not only in Lalbagh but also in surrounding areas.

Mr Jagadeesh, Joint Commissioner, Department of Horticulture.

The project sets a benchmark in the city of Bengaluru on Water Conservation. It is a simple traditional method of conserving rain water that would run off, get wasted or evaporated or would create flooding in the low-line areas. Water grounded at 8 ft at Lalbagh is a rarest phenomenon in the city demonstrating the possible way to save water and fight the crisis.

The hiring of traditional well diggers and their unbeatable knowledge is the innovativeness in this intervention. Yet another interesting part of this intervention is the job opportunity for well diggers which was all these days taken over by modern technology. Under One Billion Drops campaign we are aiming to cover all 1300 parks of Bengaluru along with Military and other Government zones to complete 10,000 percolation wells. This would capture 1 billion litres of rain water annually.

One Million Drops
Groundwater Recharge through percolation wells

Water crisis is increasing day by day. And about 35 percent of the population is relying on borewells. Lalbagh is spread over 240 acres. However, the rainfall water kept washing away in drain pipes during the rainy seasons. Thus, the concept of percolation wells got emerged. Thanks to BOSCH for welcoming this whole idea. Today, Lalbagh has the capacity of conserving 2.43Cr litres of water every year from 225 percolation wells. These wells are manually drilled 18 feet down from the ground and 3 feet deep to capture rain water. Thereby, enriching the level of ground water. With a primary objective of restoring the rain water that is usually lost either due to run-off or evaporation, we aim to create 500 such wells that can possibly save around 6 crore litres of rain water.
Enabling Care. Delivering Change. 
A Virtual Thing!

22 Virtual Volunteering Events | 1376 Volunteers | 32 Man-hours | 81 Beneficiaries Mobilised

CONTEST ALERT

A new volume from April 2021 will have lots of corners to engage each one of you. One such element is showcasing your creativity and thoughts. Send us your essays, poetry, drawings, photographs and art works. Contest Theme: "Together and Stronger" Send your entries on or before 20th March 2021.

Write It! Win It!

Write a caption and win a gift hamper. The best 3 captions will win a hamper. The winners will be featured in our newsletter and social media channels. Last date: 20th March 2021.

CLICK HERE TO SUBMIT YOUR ENTRY
Community health workers play a crucial role in taking the quality health services to the patients from vulnerable communities. They are pro-actively indulged in health promotion activities and prevention of community-centric infections.

In collaboration with 3M, Wipro, GE Healthcare, USAID, IPE Global a training program was implemented to empower these community health workers which also included ASHA workers and ANMs across two states in India.

This training implemented by Merrygold Health Network focused on capacitating CHWs communicable and non-communicable disease prevention and cure. Conducted by the expert trainers with over 10 years of experience, this 3-day training model included the training curriculum and a tool kit. Interactive learning and methodologies such as games, role-plays, inter personal activities and the use of digital learning aids such as an Android app and tablet were the other aspects of the curriculum.

Over 4000 community health care workers got trained from 14 districts across Rajasthan and Uttar Pradesh. The program has witnessed increased awareness among the community health care workers about Maternal and Child Health Care and family planning services. Besides, there is also increased awareness among the community on various risks in pregnancy specific infections, fevers and confusion. Since the baseline assessment of the program, there has been 6.2% drop in cardiovascular diseased in the community.

Children are our future leaders. It is important for them to gain proficiency in the primary academic disciplines besides cognitive thinking abilities, creativity quotient and problem-solving skills. So is the STEM becoming popular in these modern days of education.

We do not want our students of government schools to be left behind! We have developed a STEM Lab in the Government Schools across semi urban areas of Bengaluru. After the setting up of these labs, the teachers were trained that paved way for the teachers to practically learn the ways of using models while teaching the students. About 113 teachers from 10 Government Schools were trained in this 6 hours of program benefitting about 3278 students. Thanks to our corporate donors.
DID YOU KNOW?

1. Kitchen garden or a nutrition garden is an effective strategy for social protection integrated with health and nutrition education.
2. Kitchen gardens provide household food security in the families of our Anganwadi children.
3. It is evident, kitchen gardens have contributed in the overall enhancement of physical, psychological and social health.
4. Kitchen gardens reduce the carbon footprints, thereby, contributing to the wellness of our environment.
5. Above all, it is evident that kitchen gardens have reduced anaemia cases by 32%.

We at UWBe have been consciously putting efforts towards the overall development of our Anganwadi children and their families. We have reached about 4000 beneficiaries through 25 kitchen gardens so far. We strive to do more! For collaborations, please reach out to marcomm@uwbengaluru.org.

Setting example is the only thing that can inspire others in performing a social responsibility. It is overwhelming to see communities getting inspired and following us. One such community is Seegehalli Lake Development Trust. They have planted about 80 coconut saplings around the lake band. Their objective is not only to increase the green patch of the premises but also to serve the thirsty walkers in the lake.

MEET
#UWBeBusyBee
RAMAKRISHNA

Serious at work and jovial as a person. Having done his MBA in finance, Ramakrishna got pulled to social sector as he believed working in an NGO could offer him a better experience and make him a better person. His work routine starts from responding to requests, negotiations and procurement closers.

He goes an extra mile to reach more beneficiaries and deliverables within the allotted resources. Being a team player, he is one such person who believes an ideal work place is one without any hierarchy. He endorses a strong support from his team and proudly says UWBe is a home away from home.

In the covid pandemic situation, he has showcased the best commitment and won our hearts. He is our Covid Warrior, indeed!

Subscribe to stay updated with all our actions. Sign Up Today!
The Covid pandemic had created a storm in the lives of almost every one. And people in the rural parts too were not an exception. We realised all that they needed was the awareness and guidance about strengthening financial stability. On one hand, getting access to hygiene products to shield themselves from covid virus was next to impossible. On the other hand, the financial crisis kept rising every single day putting their living into struggle. So was the mask training activity. The mask making sessions were conducted across 40 Anganwadis with 800 mothers participating. The total outreach achieved through this activity till date is 4000 beneficiaries. Through this training, the mothers not only safeguarded themselves from the wide spread virus but also found a path to earn the small money to meet their daily needs.

Mothers make masks to fight covid and earn their veggies.

Waste collection is now with real time information!

Sompura village produces about 4 tonnes of waste everyday causing difficulty in managing and disposing the waste. Having realized this challenge, with the strong support of LM Wind Power, a waste collection vehicle was introduced. This vehicle is designed with a provision to collect both the wet and the dry waste in the same drive. It also has a sensor which records the real time information of waste collected and generated. Bailing machine is also used to compress and pack the segregated waste. Thus, making solid waste management hassle-free.

Thanks to LM Wind Power!

Waste collection is now with real time information!
After losing his father in an accident and grabbing the complete responsibility of the family, Bhimaraj was not happy a single day. His life became more mechanical as the only purpose was to earn money and maintain day to day life. A part time job at an automobile showroom just filled his pockets with some money and did not drive any happiness or contentment.

This is when he came across our training centre that aimed at upskilling youth with different job oriented skills and knowledge. Being a foodie himself, Bhima was always passionate about cooking and hospitality. He picked up a Hotel Management course in the centre. It did not take much time for him to become a favourite student in the centre. After a successful completion of the course, he got placed in a renowned restaurant, South Ruchi located near Race Course road of Namma Bengaluru. It has been 2 years and a half of his tenure with them. Apart from just being a waiter, Bhima has won hearts of many with his affectionate and warm personality. Besides, he is solely running his family comprising his mother and two younger brothers. While three of his sisters are already settled, Bhima gave his mom a retirement from housekeeping work. Just not that. He has stood as a backbone to his brother by providing them an education that he has missed.

With all the support, guidance and the experience he has earned from the training, he is dreaming big and taking that every step forward to become a successful hospitality entrepreneur.

Thanks to our corporate partner, Mast Global who is a strong reason for writing this success story today.

MILANA strives to provide a family support network for people living with HIV/AIDS (PLHIV) located in Bangalore, India. Under its care and support program, they provide three main forms of support to the HIV patients. The first one is through home visit and care center visit where the outreach workers enquire about their well-being, educate the families on healthy nutritional practices. Their second form of support is through nutrition. In the form of monthly rations provided Supplementary Nutrition to 60 families infected and affected with HIV/AIDS. And finally, counselling which is essential to the mental health of the PLHIV. United Way funds MILANA to carry on their crucial work for the well-being of the PLHIV community in every way possible.
Virtual Children’s Day was celebrated across the Anganwadi centres.

The pride is when our efforts yield fruits. Mantapa Lake at Malle Nalsandra was picked up for rejuvenation activities. And the result is a beautiful lively lake!
Virtual interview was conducted for scholarship candidates. 300 students have been benefitted under this program.

Anganwadi refurbishment was undertaken with the support of Dover at 4 locations. One of them was inaugurated in November 2020.

Sri Shankara Cancer Foundation supported with cancer research equipments. Pediatric Cancer Home of SSCF also got renovated and renamed as Lakshmi Children’s Care Centre. Thanks to 3M.